

SCHEDULE OF EVENTS

CNAC **FALL CONFERENCE** 2025

NOVEMBER 14-16

Adjusting FOR THE FUTURE



Friday

1pm – 6pm

The Motion Specific Masterclass:
Clarity. Confidence. Conviction.

Led by Dr. Tim Young
Assisted by Dr. Devin Vrana

Saturday

7:30am – 8am

Breathe with Brian
30-minute morning breathwork.
(Based on Wim Hof Method breathing style)

8am – Registration

8:30am – 8:40am – CNAC Intro
8:40am – 8:55am – Vendor stage time
9am – 10am – Dr. Tim Young
10am – 11am – Dr. Craig Hazel
and Dr. Nathalie Beauchamp

Vendor Break - 30 minutes

11:30am – 12:30pm – Dr. Devin Vrana

12:30pm - 2pm – LUNCH
supplied by CNAC (AGM)

2pm – 3:30pm – Dr. Peter Kevorkian
3:30pm – 4pm – Dr. David Scheiner

Vendor Break - 30 minutes

4:30pm – 5pm – Tic Talk
5pm – 5:30pm – Dr. Tim Young

5:30pm – Reception / Wine & Cheese

Sunday

8am – 1pm

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